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# Downsizing with Your Furry Friend: Best Practices From Prepping to Relocating

Downsizing can be a daunting task, especially if you have a furry friend by your side. Pets are highly sensitive to changes in their environment and routines, so it's important to take extra care when transitioning them to a new space. With the right approach, however, downsizing with a pet can be a manageable and stress-free experience. Here are some best practices from <a href="Promise Land LLC">Promise Land LLC</a> to help you better navigate the process.

# **Observe Your Stress Levels**

As you begin the downsizing process, it's important to manage your own stress levels so that they don't rub off on your pet. Animals are highly attuned to their owner's emotions and can sense anxiety, stress, and fear. To alleviate these negative emotions, try to set aside dedicated time each day to focus solely on your pet, whether that's playing, snuggling, or just relaxing together. This will not only help your pet feel more secure, but it will also help you manage your own stress levels.

# **Reduce Pet Toys**

When it comes to your pet's belongings, it's important to downsize gradually. This means reducing the number of toys and accessories over time, rather than all at once. Start by removing any toys that are damaged or worn, and then gradually reduce the number of items until you have only what is necessary. This will help your pet adjust to the changes in their environment without feeling overwhelmed.

# Keep to a Regular Schedule

<u>Pets thrive on routine</u>, so it's important to maintain consistency even during the downsizing process. Stick to your pet's regular feeding, walking, and playtime schedule as much as possible, even if it means adjusting your own timeline. This will help your pet feel more secure and comfortable in their new environment.

## **Staging Success with Pets**

Pets love to explore and investigate their surroundings, which can sometimes lead to them undoing <u>your staging and decluttering efforts</u>. To prevent this from happening, consider setting up a designated area for your pet that is separate from the rest of the house. This could be a spare room or a gated-off section of living space. By giving your pet their own space, you'll not only protect your staging efforts but also give your pet a sense of ownership over their new home.

#### Slow Introduction to Their New Home

When it's time to move into your new space, it's important to <u>introduce your pet slowly</u>. Start by bringing them into a quiet and calm area of the house and let them explore at their own pace. Make sure to bring familiar items, such as blankets and toys, to help your pet feel more at home. Gradually increase the amount of space your pet has access to over time, allowing them to explore and adjust to their new surroundings at their own pace.

### **Update Pet Identification**

Before moving, it is important to <u>update your pet's identification</u> tags and microchip information with your new contact details. This will help in identifying your pet easily if they get lost during the move or in the new neighborhood. You can avoid a lot of stress and anxiety by taking this simple step which ensures the safety of your furry friend.

#### Make a Pet Supply Box

Finally, consider preparing a pet essentials box that contains everything your pet will need during the move and the first few days in their new home. This could include food, water, bowls, medication, toys, bedding and plenty of tasty treats. Having these items on hand will help you take care of your pet's needs and make the transition as smooth as possible.

If you're considering downsizing with a pet, it's important to be mindful of their needs throughout the process. While it may require some extra effort, downsizing can be a manageable and stress-free experience with the right approach. By taking steps to minimize

your pet's stress levels and maintain a consistent routine, you can help them feel more secure and comfortable in their new home.

For the best puppies around, contact <u>Promise Land LLC</u> today. Questions? Please email promiselandgoldens@verizon.net.